La Maraichine

(Bretagne (Pays de Retz), France)

This type of dance is very popular in Poltou, located south of Bretagne (Marais Vendéen). I learned this particular version in Montréal from Jean-Yves Cité, director of Triskell.

Pronunciation: lah mah-ray-SHEEN

Cassette: "Si on dansait " U.O.P. 1997 Side A/4 4/4 meter

Formation: Circle of couples, all facing center, hands joined and held low (V-pos).

Steps: A flat two-step (cts 1,&,2), followed by a step-hop (cts 3,4). Step repeats exactly.

Meas	Pattern
chord	INTRODUCTION. No action.
	I. AVANT-DEUX (FWD AND BACK)
1	Starting on outside ft (M L; W R), dance one basic step moving forward, ending facing corner. Arm movement: Swing arms fwd and back on cts 1, &, 2. Swing arms fwd once on ct 3, making a stronger movement. Let the arms fall back to start again on ct 4.
2	Repeat meas 1 moving bkwd, facing ptr at the end.
3-4	Repeat meas 1-2.
	II. TOURS (TURNING)
1	In modified social dance pos (M keep W's L hand in their R hand and place joined hands on M's back at waist level) make 2 full turns using 4 Basic Steps. On the last step, cpls open up, join hands with corner, and face ctr.

Repeat dance from the beginning.

Presented by Germain and Louise Hébert